



Iowa NAHRO MEMBERS join us for:
S.A.V.E. Yourself Training
& Conflict Resolution/ Verbal De-escalation
by Chad Sheehan

https://www.sheehansolutions.com/

Thursday, October 11th, 2018 8:30 a.m. to 4:30 p.m.

Jordan Creek Town Center
(located by Cinema Theatre in Jordan Creek Mall)
101 Jordan Creek Pkwy
West Des Moines, IA 50266
SPACE IS LIMITED, so register early!!!!!!!

Please complete just one registration form for all attendees. Registrations will not be accepted without payment.

Agency: _____
Address: _____
Phone: _____
Email: _____

Iowa NAHRO members:

_____ \$75.00 First Attendee from Housing Agency
Name of First Attendee: _____
Additional Attendee from same Housing Agency
_____ \$50.00 Name of Additional Attendee: _____
_____ \$50.00 Name of Additional Attendee: _____
_____ \$50.00 Name of Additional Attendee: _____
_____ \$50.00 Name of Additional Attendee: _____
_____ \$50.00 Name of Additional Attendee: _____

_____ TOTAL

LUNCH WILL NOT BE PROVIDED

PLEASE SEND REGISTRATIONS WITH PAYMENTS PAYABLE TO "IOWA NAHRO" BY October 1st TO:

Iowa NAHRO
c/o Community Foundation of Greater Des Moines
1915 Grand Avenue
Des Moines, IA 50309

PAYMENT MUST BE SUBMITTED WITH YOUR REGISTRATION

Cancellations must be received in writing no later than October 4th, 2018 to receive a refund
less a \$25.00 administrative fee.

Conflict Resolution/De-escalation Training



Iowa NAHRO is sponsoring an upcoming conflict resolution/de-escalation training by Chad Sheehan. This is held in conjunction with the S.A.V.E. Yourself program on **Thursday, October 11, 2018**. As we see almost on a daily basis, our world is becoming increasingly volatile and unfortunately, this does not stop at the door of our workplace.

We strongly encourage you to attend this important training.

Some of the topics that will be covered include:

- ◆ **Having a proper mindset when dealing with conflict**
- ◆ **Maintaining professionalism in the face of verbal abuse**
- ◆ **Understanding communication and how we affect the people we deal with**
 - ◆ **Tools to generate voluntary compliance**
 - ◆ **How to persuade even difficult people**

Chad Sheehan is a 23 year veteran of Law Enforcement. He developed the "S.A.V.E. Yourself" program and is a certified instructor in Rapid Response to active shooter, Conflict Resolution, Tactical Communication and DARE.

S.A.V.E. Yourself has been taught to over 150,000 people from 26 states since January 2014.

Chad brings 23 years of Law Enforcement experience dealing with difficult people in high stress situations to the conflict resolution/de-escalation training. When dealing with difficult people our words, voice and body language set the tone. Communication skills designed to de-escalate a situation and teach people how to effectively persuade others are some of the lessons you will learn which can be used every day in both your professional and personal life.



Chad Sheehan is a 23 year veteran of Law Enforcement. In August 2016 he retired from the Sioux City, IA Police Department to devote his full time to teaching and consulting civilians in the S.A.V.E. Yourself® program.

At the time of his retirement he was assigned to the Hostage Negotiation Unit, Field Training Officer, Honor Guard member and a Critical Incident Stress Management team member.

He developed the S.A.V.E. Yourself® program and is a certified instructor in Rapid Response to active shooter, Conflict Resolution, Tactical Communication and DARE.

He previously worked as school resource officer at a Sioux City high school with over 1,200 students and 200 staff members. With young children at home Chad has made surviving workplace violence/active killer a top priority in both his professional and personal life.

S.A.V.E. Yourself® has been taught to over 100,000 people from more than 24 states since January 2014. Additionally Chad has provided training in crime prevention topics to hundreds of businesses and schools while educating thousands throughout his career.



Training and consulting tailored to fit the needs of your business, school, hospital, retail store, mall, house of worship or any other organization.

For more information or to host a training in your area please contact us today.



By Sheehan Strategic Solutions

712-253-7648

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www.SheehanSolutions.com



EMPOWERING YOU TO SURVIVE

An effective program focusing on training civilians in the area of surviving violence with an emphasis on surviving the threat posed by workplace/school violence and today's active killer.

WHAT WILL YOU DO

IN THE FIRST 7-11 MINUTES OF AN ACTIVE KILLING, BEFORE HELP ARRIVES?

Active Killing incidents can happen any-time, anywhere. Citizens need to be prepared to "Survive A Violent Encounter Yourself" Homicide is the 4th leading cause of workplace fatalities in the United States and has been for over 20 years. There are things even an unarmed person can do to increase their chances of survival. Allow us to empower you, your staff or students to survive the unthinkable. When seconds count help is minutes away.



The **S.A.V.E. Yourself**® program focuses on training civilians in the area of surviving violence with an emphasis on surviving the threat posed by workplace/school violence and today's active killer. Training will focus on prevention, recognition and a proactive response. Emphasis will be placed on the proactive response to violence. Employees will be **EMPOWERED** to **SURVIVE** after hearing the S.A.V.E. Yourself® message. It is no longer good enough to simply hide under your desk and hope for the best. S.A.V.E. Yourself® incorporates the most current training philosophies and best practices shared by organizations including: U.S. Department of Homeland Security, U.S. Department of Justice, U.S. Department of Education, International Association of Chiefs of Police, American College of Surgeons, O.S.H.A. and S.H.R.M.

Survive A Violent Encounter

Denial is DEADLY!
SURVIVAL should be TOP Priority!

Active Killer can happen anywhere.

What will you, your staff and students do in the first 7-11 minutes of an active killing incident?

Average U.S. Law Enforcement response time is 7-11 minutes from the first shot.

Average Active killing incident is OVER in 3-6 minutes.

Homicide ranks 4th in workplace fatalities OSHA General Duty to Provide Safe Work Environment.

Mindset and preplanning are KEY.

Schools do 4 or more fire drills per year. NO deaths from school fire since 1958.

Since 1980, 350 shooting deaths in schools

Recognition and Prevention Training.

Training for your staff or students to increase their chances of surviving an active killer by implementing Proactive Responses.

712-253-7648

Chad@SheehanSolutions.com
www.SheehanSolutions.com

S – Shelter In Place (Barricade)
• Shelter in Place for a purpose NOT just to hide
• Teach ways to more effectively barricade doors

A – Awareness
• Teach employees to be aware of risk factors and problematic behaviors
• Awareness of danger
• Make others aware

V – Violence STOPS Violence
• Teach how to increase chance of survival
• Teach how to fight back as last resort

E – Evacuate
• Empower employees to evacuate
• Know multiple evacuation routes
• "Rally Points"

Testimonial from clients :

"I work for the City of Sioux Falls. I was required to take your training back in the fall of 2016 as a mandatory training the city offered. I just want to say thank you, thank you, thank you. I was in Vegas last week at Route 91 when gunfire broke out, Because of your training I knew I needed to run. Running is what saved my life along with my sister's. There are no words that can express how grateful and thankful I am." - M. S. Sioux Falls, SD

"This was the best in-service I've attended in my 26 years in public education. Chad delivered a powerful message that was important, educational and empowering. Our staff feels confident after the active killer scenarios. Thank you Chad."

- Al Laboranti - Principal Whiting Community School

"Chad's passion for education was unmistakable as he briefed over 450 unit members throughout the week. The expertise and professionalism of Officer Sheehan provided our Wing with a clear vision of actions to take in an active killer scenario."

- Lawrence L. Christensen, Col IA ANG 185th

"It was very good! He was a great instructor, I like his humor but he could also make it serious. Very informative, so glad we did this. I think every business and school should do it. I'm glad we are having him do it with the kids. Awesome. Intense. Scary. Empowering. Reassuring. Worth any amount of money spent on bringing him here."

Teacher – Cherokee, IA School District